The Importance of Silence

Discuss the picture above. What do you think it means? Can someone be doing something when they are silent?

Discuss the ideas in these quotes on silence:

“Silence is golden.”

“You have 2 ears and only one mouth so you should listen twice as much as you speak.”

“Silence and smile are powerful. Smile is the way to solve many problems. Silence is the way to avoid many problems.”

“Nothing strengthens authority as much a silence.” Leonardo da Vinci

“Talk low, talk slow, and don’t talk too much.” John Wayne
Why should I use silence in conversation? What is the importance of silence?

Taking your turn to be silent:

1. Leaves room in the conversation to allow others to share
2. Lets others complete their thoughts without rushing
3. Makes people feel their perspective is valued
4. Improves people’s perception of you
5. Allows you to hear what others are saying
6. Allows you to actually consider and think about others perspectives
7. Allows you to observe others and catch non-verbal cues
8. Allows you to organize your thoughts and emphasize one point or another