LA LA Songs for Tongue Thrust

Have your student sing a familiar song but instead of the lyrics, substitute the sound “LA” for each syllable. (It also works with TA, DA or NA.) Keep the tongue behind the teeth. Here’s a list of tunes to practice LA LA songs:

1. Happy Birthday to You
2. Jingle Bells
3. Old McDonald Had a Farm
4. Twinkle, Twinkle Little Star
5. The ABC Song
6. The Ants Go Marching
7. The Wheels on the Bus
8. I’m a Little Teapot
9. Where is Thumbkin?
10. Itsy Bitsy Spider
11. Row, Row, Row Your Boat
12. Do You Know the Muffin Man?
13. The Farmer in the Dell
14. Mary Had a Little Lamb
15. Did You Ever See a Lassie
16. Three Blind Mice
17. All Around the Mulberry Bush
18. London Bridge
19. My Bonnie Lies Over the Ocean
20. Say, Say O Playmate
21. Take Me Out to the Ball Game
22. B-I-N-G-O
23. Do Your Ears Hang Low?
24. Ring Around the Rosy
25. Hickory Dickory Dock
26. The Bear Went Over the Mountain
27. The Hokey Pokey
28. It’s Raining, It’s Pouring
29. Head and Shoulders, Knees and Toes
30. I’ve Been Working on the Railroad
31. If You’re Happy & You Know It, Clap Your Hands
32. She’s Be Comin’ Round the Mountain When She Comes